

## Northampton Parks & Rec Aquatic & Family Center JFK Middle School, 100 Bridge Rd., Florence 413-587-1046

Weather/Program Cancellation Hotline: 413-587-1044

## WINTER POOL SCHEDULE

## **January 8 - February 21, 2016**



Proper swimming attire is required, no cotton clothing.

Please contact the Aquatics Supervisor if your group is 8 or more or during birthday parties to ensure proper staffing levels.

\* Please note, AFC is closed when school is closed due to inclement weather. School closings posted on channel 22 news or channel 40 news & at www.northamptonma.gov/recreation, click cancellations

> Weekday morning policy: swimmers leaving after 7:30 a.m. must exit pool area (including those using locker rooms) through pool deck glass doors. All morning swimmers must sign in & out with lifeguard.

| MONDAY:    | 6:00 - 6:50 am   | Lap (6 lanes)   |
|------------|------------------|---|
|            | 7:00 - 7:25 am   | Lap (3) / Aerobics *Aerobics until 7:40 AM                      |
|            | 3:00 - 6:00 pm   | HS swim team ends @5/ HS Diving                                 |
|            | 5:00 - 7:00 pm   | Lap (3) / Open Swim   |
| TUESDAY    | 6:00 - 7:30 am   | Lap swim (6 lanes)  |
|            | 3:00 - 6:00 pm   | HS swim team ends @5/ HS Diving                                 |
|            | 5:00 - 6:00 pm   | Lap (3) / Open (shallow end)                                    |
|            | 6:00 - 7:30 pm   | Lap (3) / Aerobics (6:00-7:00)                                  |
| WEDNESDAY: | 6:00 - 6:50 am   | Lap ( 6 lanes)  |
|            | 7:00 - 7:25 am   | Lap (3) Aerobics *Aerobics until 7:40 AM                        |
|            | 3:00 - 6:00 pm   | HS swim team ends @5/ HS Diving                                 |
|            | 5:00 - 7:30 pm   | Lap (3) / Open Swim   |
| THURSDAY:  | >>>>>>           | No AM Programs  |
|            | 3:00 - 6:00 pm   | HS swim team ends @5/ HS Diving                                 |
|            | 5:00 - 6:00 pm   | Lap (3)/ Lessons 5-6:30pm                                       |
|            | 6:00 - 7:30 pm   | Lap (3)/ Aerobics (6:00-7:00) / Lessons 6-6:30pm                |
| FRIDAY:    | 6:00 - 6:50 am   | Lap (6 lanes)   |
|            | 7:00 - 7:25 am   | Lap (3) / Aerobics *Aerobics until 7:40 AM                      |
|            | 3:00 - 6:00 pm   | HS swim team ends @5/ HS Diving                                 |
|            | 5:00 - 8:00 pm   | Lap (3) / Open Swim** (Diving board opens @ 6pm)                |
| SATURDAY:  | 9:30 - 11:30 am  | Lap (3 lanes) / Swim Lessons                                    |
|            | 11:45 - 5:00 pm  | Lap (3) / Open w/ diving board (Birthday Parties 2:00-4:00 pm)  |
| SUNDAY:    | 10:00 - 12:00 am | Lap (3 lanes)/ Open Swim  |
|            | 12:00 - 4:30 pm  | Lap (3)/ Open w/ diving board (Birthday Parties 2:00 - 4:00 pm) |

Additional swim times: 12/28, 12/29, 12/30: 1-4 pm, Pool opens at 4pm on: 12/22, 1/12, 1/22, 2/2

\*The AFC will be <u>closed</u> on: 12/24, 12/25, 12/31(PM only), 1/1, 1/18, 2/15.

\*High School Swim Meets on (Pool Open Mornings Only): 12/11, 12/15, 12/18, 1/5, 1/15, 1/19, 1/26

AFC at JFK Middle School, 100 Bridge Rd., Florence, MA 413-587-1046

Northampton Parks and Recreation Dept. Office, 90 Locust St., Northampton, MA 413-587-1040

www.northamptonma.gov/recreation

<sup>\*</sup> SCHEDULES ARE SUBJECT TO CHANGE DUE TO SPECIAL EVENTS AND WEATHER CONDITIONS